



# Sharing the Good News



## *A NOTE to Members*

BY Judy Wong

My dearest brothers and sisters in Christ, Jesus is the most generous person who ever lived. He left the comforts of heaven, took on human flesh, and gave his life on the cross so that we might live in him. In response to Jesus' generosity, we are called to be generous. We are called to share. We are called to give. No one argues over whether Christians should be generous—it is a hallmark of our faith.



You may have noticed that we started sharing stories about different people in our faith community.

Do you have a story to share?

Drop us a line and we will gladly include it in our newsletter.

Stay safe and God Bless!

OUR *stories*  
BRING US  
TOGETHER

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# Celebrating Bishop Tom with some friendly faces

January 15<sup>th</sup>, Catholic Action, hosted a tribute evening celebrating the good works of Bishop Tom in our community. The English-Speaking Catholic Council, The Montreal Challenge Movement, Catholic Action and Anastasia Charasidis helped organize this special event.

There were many of our community organizations and friends who shared a memory or story about Bishop Tom. The audience included grade school friends, fellow celebrants, faith based and many nonprofit organizations. There were a few parishioners from his new home in the Sault as well. We prayed, laughed, and appreciated. There were two video tributes which can be viewed here:

Bishop's career in pictures:

<https://www.dropbox.com/s/jx45s4h0xr8aoo/BT%20IN%20PICS%20FINAL.mp4?dl=0>

Some acknowledgements from friends:

<https://www.dropbox.com/s/lu7f7eb8qd32kih/Messages%20for%20Bishop%20Tom.mp4?dl=0>

This is the start of a new chapter in Bishop's faith journey. We ended our celebration with this piece of Scripture from Jeremiah, God is telling us everything is going to be good.

*For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. "*

We need to keep up the good work that Bishop has started, helped us with, or simply influenced. It is all part of God's plan.



## Well done, Catholic Action Montreal!

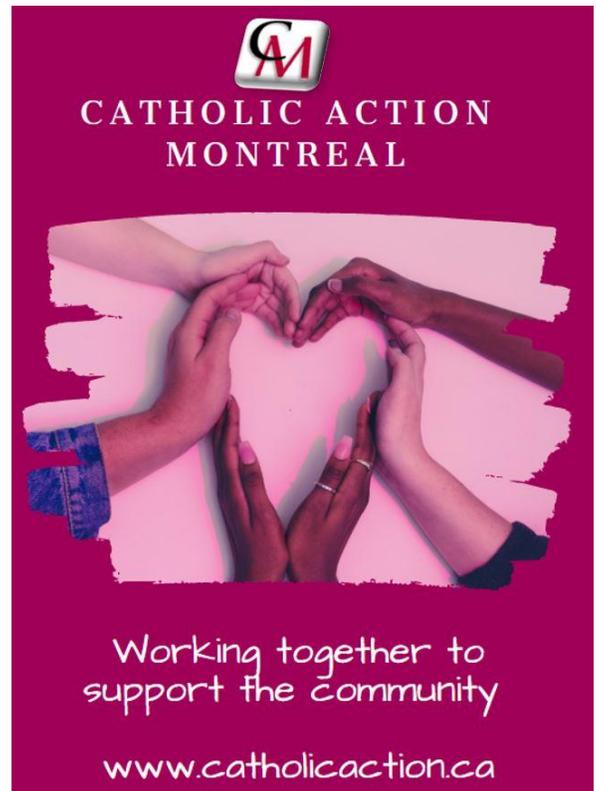
"It's fairly rare that the Church in Montreal is covered by America Media! Check out this article on Catholic Action Montreal, and the good work they have been doing these past five years.

A shoutout to Anna Graham, Judy Wong and Bishop Thomas Dowd, all quoted in the article! Does it matter if a charity calls itself 'Catholic'? The church in Montreal faces a question at the heart of its mission | America Magazine" - Fr. Raymond Lafontaine, E.V.

Read the article here:

[Does it matter if a charity calls itself 'Catholic'? The church in Montreal faces a question at the heart of its mission | America Magazine](#)

**America**  
THE JESUIT REVIEW



*C.A.M.'s organic model allows it to be involved in an array of activities based on an evolving mixture of community needs and member capacities. "If people need something, they call," said Judy Wong, the organization's executive director, adding that the organization indeed gets a lot of calls.*

### **About America Media**

America Media is the leading provider of editorial content for thinking Catholics and those who want to know what Catholics are thinking. America Media leads the conversation about faith and culture by producing excellent, unique, relevant and accessible content across multiple platforms. Our contributors are the principal figures in the American church; the decision-makers and opinion leaders who lead the ecclesial and civic debate about religion, society, politics and the arts. Those with something to say to the American church say it in America: popes and presidents; Nobel laureates; Pulitzer Prize winners; world-renowned scholars; and distinguished men and women of letters. Our flagship magazine, America, has been published continuously since 1909, making it one of the oldest periodicals in the United States today.

# A note from one of our partners



Ciao Alessandra, Judy, Padre Pierangelo.

I often think of you.

I want to wish you and your families/community/collaborators all the best especially during this 'splendid' season.

These periods are not easy for anyone. But we're here, you and I and many others, to support and accompany the less fortunate. The poor both in spirit and body count on us.

I continue my work at our Scalabrinian Centre at Pompei.

I also try and accompany our volunteers and elderly of the parish either by phone or e-mails like this one.

It is not a time to forget each other...we need to feel supported and encouraged.

Grazie a Dio, la Madonna e' il nostro amatissimo Gesu' bambino....

Rosaria



Rosaria, is a good friend to Catholic Action. We started our work with Le Pont and the asylum seekers, Rosaria and I met at Saint Rita's and partnered to use that church as a warehouse for donated furniture for many months in support of the clients at Le Pont.

Following Catholic Action's model, Rosaria opened the Scalabrinian Centre at Our Lady of Pompei, which we have supported with a variety of donations. That Centre offers food, clothing and other basic needs to the homeless and less fortunate in that community.

Similarly, to Rosaria's words, these challenging days, we need to make sure people feel supported and encouraged. If you know someone that needs special care, please contact us at [jwong@catholicaction.ca](mailto:jwong@catholicaction.ca)

# Any Skates to Donate?



With the new skating rink in Cabot Square, the Ville-Marie Borough and innovation Youth are looking for used skates for Peter McGill families. Many of these families are newcomers and learning how to enjoy our Canadian winters.

As you know Catholic Action's office at the Catholic Centre and the Archdiocese of Montreal are located in the Peter McGill borough. We are pleased to reach out to you our Catholic community to assist in this project.

Please check the list on the side of this page and contact [jwong@catholicaction.ca](mailto:jwong@catholicaction.ca) if you can assist.



## Kids:

- 1 x Size 5
- 1 x Size 8
- 4 x Size 9
- 4 x Size 10
- 2 x Size 11

## Women:

- 1 x Size 6
- 5 x Size 7
- 3 x Size 8

## Men:

- 1 x Size 8
- 1x Size 9
- 1 x Size 10
- 1x Size 11
- 1 x Size 12
- 1x Size 13

Thank you once again for your help! We really appreciate it :)

Bibliothèque Innovation  
Jeunes Library  
2205 Rue Tupper  
Tel.: 514-843-3996

# *Seniors are becoming COVID-19 collateral damage.*

Social isolation among seniors can be a result of several factors. Many seniors experience physical changes (such as sickness or disability) and life changes (such as the loss of a spouse), which can reduce the number of social contacts and limit activities.

Social and environmental factors, such as poverty and inadequate transportation, may also increase a senior's chance of becoming socially isolated.



***Seniors are becoming COVID-19 collateral damage. They are dying because of it, not of it.***

***We offer these professionally recommended activities to share with our seniors in hopes of breaking their isolation.***



Canadian  
Heritage



elan  
english language  
arts network

Patrimoine  
canadien

SENIORS ACTION QUEBEC AND ITS PARTNERS HAVE A GREAT SERIES OF PROGRAMS AVAILABLE ON YOUTUBE. The series is called "We're all in this together"!

This is the link that will get you to this series:  
[We're All In This Together - YouTube](#)



TIP - OA has some interesting resources including yoga, free films, classes, music...

<http://www.telehealthmontreal.ca/ressources.html>

Balance Exercises for Seniors  
[https://youtu.be/uGJR59\\_aMDo](https://youtu.be/uGJR59_aMDo)





# Happy St. Valentine's Day!

Share the Love! Make St. Valentine's day about the saint and his faith!

This is a link to TIME magazine's short video on the history of the heart and the various thoughts on the original St. Valentine's

[https://time.com/5143563/real-st-valentine-valentines-day-history/?utm\\_source=email&utm\\_medium=email&utm\\_campaign=email-share-article&utm\\_term=history\\_holidays](https://time.com/5143563/real-st-valentine-valentines-day-history/?utm_source=email&utm_medium=email&utm_campaign=email-share-article&utm_term=history_holidays)

For kids and grandkids this is a craft offered by "Catholic for Kids"

[Valentine Crafts - CATHOLIC INSPIRED](#)



Bible Trivia, just for you



The answers can be found on our website

1. How many books are in the New Testament?
2. Paul was shipwrecked on what island?
3. Who recognized Jesus as the Messiah when he was presented to the Temple as a baby?
4. After Jesus fed the 5,000, how many baskets were left over?
5. What did Saul encounter when he was traveling to Damascus?
6. What tribe is Paul from?
7. Which Gospel mostly speaks on the mystery and identity of the person of Jesus?
8. According to the Gospels, which literary genre does Jesus implement to help preach his message?
9. Which Gospel is written by a doctor?
10. How many people boarded Noah's Ark?

The answers can be found here:

[Bible Trivia – Catholic Action Montreal](#)

*Let's Get Together and say HI!*



***Good day friends of Catholic Action.***

*As you may know the pandemic has kept us, Catholic Action, remarkably busy serving our community with important needs, such as food, masks, and sanitizer. You, our volunteers, have assisted us with these and other services, driving seniors to appointments, collecting healthy snacks of appreciation for front line workers, collecting, and donating clothing for the homeless.*

*To echo the gratitude of those we serve we would like to have a zoom gathering. We would like to see you and check in on how we are.*

*Maybe you have an idea you would like to bring forward or simply say hello.*

***You are invited to a Zoom meeting.***

***When: Feb 11, 2021 05:30 PM***

***Use this link to register to "zoom" with us, we look forward to seeing you.***

***<https://us02web.zoom.us/meeting/register/tZcqfu-pqD0jGd18w3vqjI4hPbO6cG0s54MY>***

**HELP US**  
*help others.*



*Please consider Catholic Action in your annual charitable giving.*

*Help us to continue helping others in Jesus' name.*

*God Bless!*

<https://catholicaction.ca/give/>



*Blessings to you and yours!*